



# Gym Rat Rantings

by Bob Ring

## When You Were 42 Years Old

Preparing to celebrate my son David's 42<sup>nd</sup> birthday, my daughter-in-law asked me what I was doing at age 42, and also asked my young grandchildren what they expected to be doing at that "old" age. Pat and I had fun thinking about these questions and thought that you would too.

What were **you** doing at age 42? Were you working? At what? Where did you live? What was your family status? What did you do for fun? What has changed since that time?

To help you think about this weighty question, I put some information together – maybe you recall some of these things. If your current age is not shown, you'll have to add another row to the table. You can borrow my almanac.

<b>Your Age Now</b>	<b>Year @ Age 42</b>	<b>U.S. President</b>	<b>Best Movie</b>	<b>Best Record Performer</b>	<b>Best TV Comedy</b>	<b>World Series Winner</b>
92	<b>1960</b>	Ike	The Apartment	Percy Faith	Art Carney	Pittsburgh Pirates
82	<b>1970</b>	Nixon	Patton	Simon & Garfunkel	My World & Welcm to It	Baltimore Orioles
72	<b>1980</b>	Carter	Ordinary People	Christopher Cross	Taxi	Philadelphia Phillies
62	<b>1990</b>	Bush XLI	Dances w/ Wolves	Phil Collins	Murphy Brown	Cincinnati Reds
52	<b>2000</b>	Clinton	Gladiator	U2	Will & Grace	New York Yankees

You might ask your older children the same question. And don't forget to ask your younger children, grandchildren, and great grandchildren to predict what they will be doing when they reach the age of 42.